

**U.S. ALL STAR FEDERATION**



**CLUB CHEER & DANCE TEAMS**

**2019-2020 Cheer Age Grid  
Early Release**

# 2019-2020 Cheer Age Grid

This document contains the division offerings for the 2019-2020 season in the following classifications:

- All Star Elite
- All Star Elite International
- All Star Prep
- All Star Novice
- All Star FUNdamentals
- All Star CheerABILITIES Exceptional Athletes (formerly Special Needs)

The age grid provides a "menu" of divisions that may be offered by an individual event producer. An event producer does not have to offer every division listed. **However, a USASF member event producer must only offer divisions from the age grids herein and/or combine/split divisions based upon the guidelines herein, unless prior written approval is received from the USASF.** Divisions/rules that are "less" or "more" restrictive than those listed are not permitted without written permission from the USASF.

## GENERAL ATHLETE GUIDELINES

- Athletes participating at USASF sanctioned events must be registered members of the USASF for the current season.
- All athletes taking the floor at USASF sanctioned events must appear on an Official USASF Event Roster.
- The athletes who perform a routine must remain the same from start to finish and MAY NOT be replaced by another athlete at any time during the performance.
- All Star Programs may not also have a Rec team that competes and/or performs at any USASF Sanctioned event.

## CROSSOVERS

- An All Star cheer athlete is limited to crossing over to **2 (two)** additional cheer teams within their program per competition. Therefore, an athlete may compete on one team and crossover to two more teams within the same program during the competition.
- An individual will not be permitted to crossover from one program to another during the same event.
- Exception: An athlete from one program without a Level 7 team may crossover to **one additional** program's Level 7 team so long as they do not exceed the maximum number of teams permitted.
- Crossover limitations herein do not include athletes that crossover from cheer to dance.
- An event producer may choose to be more restrictive than the rules above for crossovers limiting the number of teams an athlete may crossover to further; however, an event producer may not be less restrictive than the limitations outlined herein.
- There are no crossovers between **Prep and Elite or Prep and Elite International.**

## MOVING TIERS

- **Moving between All Star Prep Cheer and (traditional) All Star Cheer Elite Club Divisions or All Star Prep Cheer and International Elite Cheer Divisions is prohibited.** *Athletes are not permitted to be on two teams in different tiers.* Athletes are permitted to move up a tier. Athletes may not move down from a higher tier (**Elite or Elite International**) to a lower tier (**Prep**) during the same season without approval from the USASF. *Approval may be granted for an individual athlete, one time, and the athlete **cannot** return to the prior tier during the season.*  
*Example: Novice may move to Prep, Novice may move to Elite, Prep may move to Elite, without approval from the USASF.*  
*Example: Elite may not move to Prep, Prep may not move to Novice, Elite may not move to Novice without approval from the USASF.*
- International Divisions are considered an Elite Tier. Therefore, an athlete may be on an All Star Elite Club team and an Elite International team. An athlete may not be on All Star Prep and an Elite International team.
- **Athletes may be on a Novice team and a Prep team or a Novice team and Elite team or a Novice Team and Elite International team.**

## UNPLANNED ATHLETE REPLACEMENT

- In the event of a missing/absent member of a team a program may replace that athlete with another performer from that program that is a registered member of the USASF for the current season.
- A replacement is defined as an individual who was not on the team's Official USASF Event Roster taking the place of another athlete at an event. This usually occurs as a result of illness/injury.
- If the replacement athlete does not meet the age requirements for that particular division (this includes a coach), then the team is permitted to perform in "exhibition" only.
- Performing competitively for a team with a replacement member who does not meet division age requirements is not permitted.
- All appropriate general safety rules and level rules must be followed for the team regardless of the age of performers on the team.
- An unplanned replacement of an athlete(s) is limited to 3 performers maximum. Any number that exceeds 3 will result in the team performing in "exhibition" only.

## **EXHIBITION PERFORMANCES**

Teams that perform in “exhibition” or “evaluation only” at an event must adhere to the USASF Age Grid and Level Rules as would any other team.

- “Exhibition” or “evaluation only” status does **not** allow a team to violate the safety rules or age restrictions (see exception addressed in Unplanned Athlete Replacement guidelines) that have been put in place for all athletes. Any additional exception to these rules must be obtained in writing from the USASF.
- An Event Producer may offer a team of less than 5 participants to perform as exhibition only, as long as they meet the safety rules and age restrictions of the Age Grid.
- All athletes taking the performance floor at a USASF Sanctioned event must meet the athlete requirements for attending a sanctioned event and entering the warm-up room. *This applies to all athletes **competing or performing** for a US based All Star Cheer or Dance Program, including athletes on All Star Novice, All Star Prep Teams, and All Star Elite teams. This applies to Competitive, Show and **Exhibition Teams** (including Parent Teams):*
  - Athlete membership paid for the current membership term. Exception: Athletes with Special Needs competing on a CheerAbilities team receive a complimentary athlete membership to the USASF.
  - Listed on the roster as an active or reserve athlete for the team(s) with which he/she will be entering the warm-up room and performing.
- Programs who choose to take FUNdamentals class participants to exhibition will need to upgrade from free FUNdamentals athlete to a paid athlete (either Novice, Prep, or Elite) and will need to make their exhibition participants in a “grouping” fit a USASF division (Tiny, Mini, Youth, Junior or Senior) and roster the grouping as a “team” to create a roster and associate it to the sanctioned event.

# USASF All Star Cheer Elite CLUB Divisions for 2019-2020

<b>USASF All Star Elite Level 1</b>					
<i>Level</i>	<i>Division</i>	<i>Age</i>	<i>Age as of (date)</i>	<i>Female/Male</i>	<i>Number on Team</i>
1	Tiny	5-6 years old	August 31, 2019	Female/Male	5-30 Members
1	Mini	5-8 years old	August 31, 2019	Female/Male	5-30 Members
1	Youth	5-11 years old	August 31, 2019	Female/Male	5-30 Members
1	Junior	5-14 years old	August 31, 2019	Female/Male	5-30 Members
1	Senior**	11-18 years old	August 31, 2019	Female/Male	5-30 Members
<b>USASF All Star Elite Level 2</b>					
<i>Level</i>	<i>Division</i>	<i>Age</i>	<i>Age as of (date)</i>	<i>Female/Male</i>	<i>Number on Team</i>
2	Mini	5-8 years old	August 31, 2019	Female/Male	5-30 Members
2	Youth	5-11 years old	August 31, 2019	Female/Male	5-30 Members
2	Junior	5-14 years old	August 31, 2019	Female/Male	5-30 Members
2	Senior**	11-18 years old	August 31, 2019	Female/Male	5-30 Members
<b>USASF All Star Elite Level 3</b>					
<i>Level</i>	<i>Division</i>	<i>Age</i>	<i>Age as of (date)</i>	<i>Female/Male</i>	<i>Number on Team</i>
3	Youth	5-11 years old	August 31, 2019	Female/Male	5-30 Members
3	Junior	5-14 years old	August 31, 2019	Female/Male	5-30 Members
3	Senior**	11-18 years old	August 31, 2019	No Males	5-30 Members
3	Senior Co-Ed**	11-18 years old	August 31, 2019	1 or more Males	5-30 Members
<b>USASF All Star Elite Level 4</b>					
<i>Level</i>	<i>Division</i>	<i>Age</i>	<i>Age as of (date)</i>	<i>Female/Male</i>	<i>Number on Team</i>
4	Youth	8-11 years old	August 31, 2019	Female/Male	5-30 Members
4	Junior	8-14 years old	August 31, 2019	Female/Male	5-30 Members
4	Senior **	11-18 years old	August 31, 2019	No Males	5-30 Members
4	Senior Co-Ed**	11-18 years old	August 31, 2019	1 or more Males	5-30 Members
4	Senior Open**	14 years & older	December 31, 2020 *	Female/Male	5-24 Members
<b>USASF All Star Elite Level 4.2 (Building Level 4, Tumbling Level 2)</b>					
<i>Level</i>	<i>Division</i>	<i>Age</i>	<i>Age as of (date)</i>	<i>Female/Male</i>	<i>Number on Team</i>
4.2	Senior**	11-18 years old	August 31, 2019	Female/Male	5-30 Members
<b>USASF All Star Elite Level 5 [Formerly Level 5 Restricted]</b>					
<i>Level</i>	<i>Division</i>	<i>Age</i>	<i>Age as of (date)</i>	<i>Female/Male</i>	<i>Number on Team</i>
5	Youth	9-11 years old	August 31, 2019	Female/Male	5-38 Members
5	Junior	9-14 years old	August 31, 2019	Female/Male	5-38 Members
5	Senior**	11-18 years old	August 31, 2019	Female/Male	5-38 Members
<b>USASF All Star Elite Level 6 [Formerly Level 5]</b>					
<i>Level</i>	<i>Division</i>	<i>Age</i>	<i>Age as of (date)</i>	<i>Female/Male</i>	<i>Number on Team</i>
6	Junior	9-14 years old	August 31, 2019	No Males	5-38 Members
6	Junior Co-Ed	9-14 years old	August 31, 2019	1 or more Males	5-38 Members
6	Senior XSmall (Worlds Division)	13-18 years old	August 31, 2019	No Males	5-16 Members
6	Senior Small (Worlds Division)	13-18 years old	August 31, 2019	No Males	17-22 Members
6	Senior Medium (Worlds Division)	13-18 years old	August 31, 2019	No Males	23-30 Members
6	Senior Large (Worlds Division)	13-18 years old	August 31, 2019	No Males	31-38 Members
6	Senior XSmall Co-Ed (Worlds Division)	13-18 years old	August 31, 2019	1-2 Males	5-16 Members
6	Senior Small Co-Ed (Worlds Division)	13-18 years old	August 31, 2019	1-5 Males	5-22 Members
6	Senior Medium Co-Ed (Worlds Division)	13-18 years old	August 31, 2019	1-8 Males	5-30 Members
6	Senior Large Co-Ed (Worlds Division)	13-18 years old	August 31, 2019	1-19 Males	5-38 Members
6	Senior Open (Worlds Division)	14 years & older	December 31, 2020 *	No Males	5-24 Members
6	Senior Open Small Co-Ed (Worlds Division)	14 years & older	December 31, 2020*	1-4 Males	5-24 Members
6	Senior Open Large Co-Ed (Worlds Division)	14 years & older	December 31, 2020*	5-12 Males	5-24 Members

\*OPEN TEAM DIVISIONS: The USASF member database will calculate the age on December 31, 2020. Background checks are an eligibility requirement for "adult" athletes on open teams. "Adults" are athletes who are at least 21 years old as of December 31, 2020.

**NOTE: \*\* The Senior Division (Elite Club Divisions only) bottom age will be 13 years old for the 2020-2021 season.**

# USASF Elite INTERNATIONAL Divisions for 2019-2020

<b>IASF All Star International Level 1</b>					
<i>Level</i>	<i>Division</i>	<i>Age</i>	<i>Age as of (date)</i>	<i>Female/Male</i>	<i>Number on Team</i>
1	International Junior	10-16 years old	Age during 2020	Female/Male	16-24 members
1	International Senior	14-18 years old	Age during 2020	Female/Male	16-24 members
<b>IASF All Star International Level 2</b>					
<i>Level</i>	<i>Division</i>	<i>Age</i>	<i>Age as of (date)</i>	<i>Female/Male</i>	<i>Number on Team</i>
2	International Junior	10-16 years old	Age during 2020	Female/Male	16-24 members
2	International Senior	14-18 years old	Age during 2020	Female/Male	16-24 members
<b>IASF All Star International Level 3</b>					
<i>Level</i>	<i>Division</i>	<i>Age</i>	<i>Age as of (date)</i>	<i>Female/Male</i>	<i>Number on Team</i>
3	International Junior	10-16 years old	Age during 2020	Female/Male	16-24 members
3	International Senior	14-18 years old	Age during 2020	No males	16-24 members
3	International Senior Co-ed	14-18 years old	Age during 2020	Female/Male	16-24 members
<b>IASF All Star International Level 4</b>					
<i>Level</i>	<i>Division</i>	<i>Age</i>	<i>Age as of (date)</i>	<i>Female/Male</i>	<i>Number on Team</i>
4	International Junior	10-16 years old	Age during 2020	No Males	16-24 members
4	International Junior Co-ed	10-16 years old	Age during 2020	Female/Male	16-24 members
4	International Senior	14-18 years old	Age during 2020	No Males	16-24 members
4	International Senior Co-ed	14-18 years old	Age during 2020	Female/Male	16-24 members
4	International Open	14 years & older	December 31, 2020	No Males	16-24 members
4	International Open Co-Ed	14 years & older	December 31, 2020	Female/Male	16-24 members
<b>IASF All Star International Level 6 [Formerly International Level 5]</b>					
<i>Level</i>	<i>Division</i>	<i>Age</i>	<i>Age as of (date)</i>	<i>Female/Male</i>	<i>Number on Team</i>
6	International Senior	14-18 years old	Age during 2020	No Males	16-24 members
6	International Senior Co-Ed	14-18 years old	Age during 2020	1-8 Males	16-24 members
6	International Open NT (Non-Tumbling) (Worlds Division)	14 years & older	December 31, 2020	No Males	16-30 members
6	International Open Co-Ed NT (Non-Tumbling) (Worlds Division)	14 years & older	December 31, 2020	1-20 Males	16-30 members
6	International Open (Worlds Division)	14 years & older	December 31, 2020	No Males	16-24 members
6	International Open Small Co-Ed 4 (Worlds Division)	14 years & older	December 31, 2020	1-4 Males	16-24 members
6	International Open Large Co-Ed 16 (Worlds Division)	14 years & older	December 31, 2020	5-16 Males	16-24 members
6	International Global (Worlds Division)	14 years & older	December 31, 2020	No Males	16-24 members
6	International Global Co-Ed (Worlds Division)	14 years & older	December 31, 2020	1-16 Males	16-24 members
<b>IASF All Star International Level 7 [Formerly International Level 6]</b>					
<i>Level</i>	<i>Division</i>	<i>Age</i>	<i>Age as of (date)</i>	<i>Female/Male</i>	<i>Number on Team</i>
7	International Open (Worlds Division)	17 years & older	December 31, 2020	No Males	16-24 members
7	International Open Small Co-Ed 4 (Worlds Division)	17 years & older	December 31, 2020	1-4 Males	16-24 members
7	International Open Large Co-Ed 16 (Worlds Division)	17 years & older	December 31, 2020	5-16 Males	16-24 members

USASF sanctioned events may **ONLY** offer these International divisions. All divisions offered by the IASF are not all offered at USASF sanctioned events. Please see the International division list on this page to ensure division offerings at USASF sanctioned events. Competitions that follow IASF Guidelines may have additional rules/ restrictions for the International Divisions. Please check with the Event Producer directly for further information.

Please note the following:

- An athlete must meet the age requirement within the calendar year of 2020. The USASF member database will calculate the age on December 31, 2020.
  - EXAMPLE: If a 13-year-old athlete is participating in a division where the minimum age is 14; that athlete is legal for the division if the athlete turns 14 on or before December 31st, 2020. EXAMPLE: If a 19-year-old athlete is participating in a division where the maximum age is 18; that athlete would be legal for the division if the athlete was 18 years old at any time in 2020.
- Background checks are an eligibility requirement for "adult" athletes on U.S. based open teams. "Adults" are athletes who are at least 21 years old as of December 31, 2020.
- Minimum number of athletes for all divisions is 16. A penalty may be assessed for taking the floor with fewer than 16 athletes.
- The maximum numbers of males on a Co-Ed Division team may not exceed 2/3 of the total athletes on the team.
- Routine time limit for International Divisions is a maximum of 2:30.
  - Exception: Routine time limit for NON - TUMBLING Divisions is a maximum of 2:00.
  - Exception: Global Divisions - Time Limit: 3:30. Cheer = 30 seconds (minimum) 40 second (maximum), 20 seconds to move from cheer to and set for music portion, 2:30 maximum for music portion.
- Non-Tumbling Division: No Tumbling Allowed **EXCEPTION: Forward rolls, handstands, cartwheels and round offs allowed and must follow appropriate level rules.** See rules for examples.

# USASF All Star Cheer PREP Divisions for 2019-2020

<b>USASF All Star PREP Level 1.1</b>					
<i>Level</i>	<i>Division</i>	<i>Age</i>	<i>Age as of (date)</i>	<i>Female/Male</i>	<i>Number on Team</i>
1.1	Tiny	5-6 years old	August 31, 2019	Female/Male	5-30 Members
1.1	Mini	5-8 years old	August 31, 2019	Female/Male	5-30 Members
1.1	Youth	5-11 years old	August 31, 2019	Female/Male	5-30 Members
1.1	Junior	5-14 years old	August 31, 2019	Female/Male	5-30 Members
1.1	Senior	10-18 years old	August 31, 2019	Female/Male	5-30 Members
<b>USASF All Star PREP Level 2.1/ Level 2.2</b>					
<i>Level</i>	<i>Division</i>	<i>Age</i>	<i>Age as of (date)</i>	<i>Female/Male</i>	<i>Number on Team</i>
2.1	Mini	5-8 years old	August 31, 2019	Female/Male	5-30 Members
2.1	Youth	5-11 years old	August 31, 2019	Female/Male	5-30 Members
2.1	Junior	5-14 years old	August 31, 2019	Female/Male	5-30 Members
2.1	Senior	10-18 years old	August 31, 2019	Female/Male	5-30 Members
2.2	Mini	5-8 years old	August 31, 2019	Female/Male	5-30 Members
2.2	Youth	5-11 years old	August 31, 2019	Female/Male	5-30 Members
2.2	Junior	5-14 years old	August 31, 2019	Female/Male	5-30 Members
2.2	Senior	10-18 years old	August 31, 2019	Female/Male	5-30 Members
<b>USASF All Star PREP Level 3.1</b>					
<i>Level</i>	<i>Division</i>	<i>Age</i>	<i>Age as of (date)</i>	<i>Female/Male</i>	<i>Number on Team</i>
3.1	Youth	5-11 years old	August 31, 2019	Female/Male	5-30 Members
3.1	Junior	5-14 years old	August 31, 2019	Female/Male	5-30 Members
3.1	Senior	10-18 years old	August 31, 2019	Female/Male	5-30 Members
<b>USASF All Star PREP Level 3.2</b>					
<i>Level</i>	<i>Division</i>	<i>Age</i>	<i>Age as of (date)</i>	<i>Female/Male</i>	<i>Number on Team</i>
3.2	Youth	5-11 years old	August 31, 2019	Female/Male	5-30 Members
3.2	Junior	5-14 years old	August 31, 2019	Female/Male	5-30 Members
3.2	Senior	10-18 years old	August 31, 2019	Female/Male	5-30 Members

Please refer to the USASF 2019-2020 Cheer Safety Rules for modifications. The specific page number is referenced in the Table of Contents of the USASF 2019-2020 Cheer Safety Rules.

## **ALL STAR CHEER PREP GUIDELINES**

- All teams are combined female/male - prep teams will not be classified as co-ed, regardless of the number of males on a team.

### **All Star Prep Level/Safety Rule Differences from All Star Elite (Traditional All Star):**

- Routines may not exceed 2:00 minutes
- No Tosses permitted  
*Clarification:* This includes "Sponge" (also known as Load In or Squish) tosses.  
*Clarification:* All waist level cradles are illegal.
- Performances may be performed on spring floor or carpet bonded foam.
- All Star Prep can be offered at both 1 and 2-day events. HOWEVER, if offered at 2-day events, Prep divisions will perform ONE TIME ONLY.

# USASF All Star Cheer NOVICE Divisions for 2019-2020

USASF All Star NOVICE – Tiny Novice					
Level	Division	Age	Age as of (date)	Female/Male	Number on Team
1 w/Restrictions	Tiny	3-6 years old	August 31, 2019	Female/Male	5 + Members
USASF All Star NOVICE Level 1					
Level	Division	Age	Age as of (date)	Female/Male	Number on Team
1	Mini	5-8 years old	August 31, 2019	Female/Male	5 + Members
1	Youth	5-11 years old	August 31, 2019	Female/Male	5 + Members
1	Junior	5-14 years old	August 31, 2019	Female/Male	5 + Members
1	Senior	10-18 years old	August 31, 2019	Female/Male	5 + Members
USASF All Star NOVICE Level 2					
Level	Division	Age	Age as of (date)	Female/Male	Number on Team
2	Mini	5-8 years old	August 31, 2019	Female/Male	5 + Members
2	Youth	5-11 years old	August 31, 2019	Female/Male	5 + Members
2	Junior	5-14 years old	August 31, 2019	Female/Male	5 + Members
2	Senior	10-18 years old	August 31, 2019	Female/Male	5 + Members
USASF All Star NOVICE Level 3					
Level	Division	Age	Age as of (date)	Female/Male	Number on Team
3	Youth	5-11 years old	August 31, 2019	Female/Male	5 + Members
3	Junior	5-14 years old	August 31, 2019	Female/Male	5 + Members
3	Senior	10-18 years old	August 31, 2019	Female/Male	5 + Members

Please refer to the USASF 2019-2020 Cheer Safety Rules for modifications. The specific page number is referenced in the Table of Contents of the USASF 2019-2020 Cheer Safety Rules.

## ALL STAR NOVICE GUIDELINES

- All teams are combined female/male - novice teams will not be classified as co-ed, regardless of the number of males on a team.
- An Event Producer may offer a team of less than 5 participants, as long as they meet the age restrictions of the Age Grid. Prior approval from the Event Producer is required.

## ALL STAR NOVICE Level/Safety Rule Differences from All Star Elite (Traditional All Star)

- Routines may not exceed 1:30 minute
- No Tosses permitted  
*Clarification:* This includes “Sponge” (also known as Load In or Squish) tosses.  
*Clarification:* All waist level cradles are illegal.
- Performances may be performed on spring floor or carpet bonded foam.
- Novice can be offered at both 1 and 2-day events. HOWEVER, if offered at 2-day events, Novice divisions will perform ONE TIME ONLY.
- Teams will be evaluated on a rating system only and not scored against other teams.
  - Recommended ratings are Superior (Highest), Excellent, and Outstanding. Please check with your specific event producer for their ranking system and rating classifications.
- Tumbling skills are allowed and will follow the level rules for that level but will not be rated nor are they required.
- Tiny Novice Only: No Building skills permitted (includes tosses, stunts and pyramids).
- Tiny Novice Only: The ONLY TWO TUMBLING skills allowed are cartwheels and forward rolls. Handstands, backbends/bridges, etc. are not allowed.
- Tiny Novice Only: Are allowed to have small, Velcro, floor markers to help for spacing if pre-approved by the EP. The coach will provide them, place them and remove them.

# USASF All Star Cheer FUNDamentals Program for 2019-2020

This is an in-house program only.

*Teams will not compete but may choose to exhibition the USASF provided choreography (see exhibition guidelines).*

## FUNDamentals GUIDELINES

As a benefit of membership, the US All Star Federation offers a true entry level class program for USASF member programs to utilize as an offering to customers. This program will be an in-house class format. FUNDamentals is an opportunity for athletes to experience All Star in a seasonal, lower commitment, lower cost, entry level, non-competitive format. Progressions will be used to further separate the rules into smaller sections that are more conducive to the shorter season and will include a variety of skill sets. A coach will be able to choose the progression that is best suited for their athletes and has an opportunity to offer three concurrent class sessions.

The program includes:

- Music
  - Curriculum that leads to Choreography
  - Lesson/Practice Plans will be provided to USASF
  - Parent Engagement Tools
  - Activity Book for Participants
  - Implementation Guide
- Member programs who wish to utilize this benefit will opt-in to the FUNDamentals Program. Opt-in is done by the program, through their USASF Member profile.
  - Members must agree to the FUNDamentals terms and conditions to have access to the FUNDamentals resources. Terms and conditions can be found in the program member profile.
  - The intent of the FUNDamentals offering is to have a program that INTRODUCES interested participants to All Star Cheer. It is designed as an in-house **class** program. It is not meant to create a team or go to an event. A Program, however, may **choose** to take Fundamentals class participants to a Sanctioned Event to perform their routine as an **exhibition**, provided they adhere to the following:
    - May not enter as a team that would be ranked or compete.
    - Must request a one-day music license from the USASF to use the music outside their All Star facility.
    - May wear t-shirt and shorts or practice wear for their exhibition performance
    - Meet all membership and sanctioned event requirements for Exhibition Performances. Programs who choose to take FUNDamentals class participants to exhibition will need to upgrade from free FUNDamentals athlete to a paid athlete (either Novice, Prep, or Elite) and will need to make their exhibition participants in a “grouping” fit a USASF division (Tiny, Mini, Youth, Junior or Senior) and roster the grouping as a “team” to create a roster and associate it to the sanctioned event.
  - Exhibition performances may be performed on spring floor or carpet bonded foam.



# USASF All Star CheerABILITIES - Exceptional Athlete Division for 2019-2020

## USASF All Star CheerAbilities (formerly Special Needs)

Level	Division	Age	Age as of (date)	Female/Male	Number on Team
Up to Level 2	CheerABILITIES	5 years & older	Not applicable	Female/Male	Unlimited

The USASF follows the definition of **disability** as defined by the American Disability Act.

An individual with a **disability** is **defined** by the **ADA** as a person who has a physical or mental impairment that substantially limits one or more major life activities, a person who has a history or record of such an impairment, or a person who is perceived by others as having such an impairment.

CheerABILITIES teams may perform skills up to and including level 2 with modifications as outlined in the USASF Cheer Safety Rules. Please refer to the USASF Cheer Safety Rules for additional, specific rules.

### NOTE:

All CheerABILITIES teams will compete and/or exhibition in one division with skills that are permitted as indicated above.

**Coaches/Assistants/"Buddies" may not provide support to an athlete while the athlete is performing building skills (this applies to exhibition and competitive teams).**

## ALL STAR CheerABILITIES GUIDELINES

Please refer to the USASF 2019-2020 Cheer Safety Rules for modifications. The specific page number is referenced in the Table of Contents of the USASF 2019-2020 Cheer Safety Rules.

## **CheerABILITIES - Exceptional Athletes** **(SPECIAL ATHLETE TEAM)**

**The Final Release of the age grid, in May, will include updated rules.**

- A. All CheerABILITY TEAMS will follow the USASF general rules and routines requirements.
- B. Teams may execute skills up to and including Level 2.  
Exception: See letter "D" below.
- C. ALL Stunts and Pyramids (at prep level or above) performed without a Coach/Assistant require additional spotter that is a coach/assistant
- D. Tosses are not permitted.  
Clarification: This includes "Sponge" (also known as Load In or Squish) tosses.  
Clarification: All waist level cradles are illegal.
- E. Spotted and assisted tumbling is not allowed in the CheerABILITIES (competitive) division but is allowed in the CheerABILITIES (exhibition) division.
- F. Up to 3 Coaches/Assistants allowed to signal from the front of the mat and may not obstruct view of the judges. No limit to the number of assistants around the perimeter of the floor in a squat position.
- G. Assistants will be dressed in contrasting t-shirt and jeans or dark pants and sneakers, so it is clear to the judges who is the athlete and who is the Assistant. EX: if athlete is in light color uniform top, Assistants will be in a dark matching t-shirt, if athlete is in light uniform top, all Assistants will be in dark colored matching t-shirt. NO FLIP-FLOPS or Jewelry worn by Assistants as to not cause injury. Assistants may not be in any type of cheer uniform.
- H. Wheelchair/Walking Devices/Aids
  1. All wheelchairs must be visually locked when using as a base for athletes to stand or put any amount of weight on the chair.
  2. Non-motorized wheelchairs
    - a. With or without assistance, must have at least 2 wheels on the floor at all times.  
Either 2 front or 2 back wheels. Must not tip to side. Tipping backwards or forwards only allowed with aid of tipping device.
    - b. When non-motorized wheelchairs are in motion, if there is an individual pushing the exceptional athlete in the wheelchair, that individual must remain in contact with the wheelchair while it is in motion. The wheelchair **MUST NOT** be released during motion.
  3. Motorized wheelchairs must have all 4 wheels on floor at all times (exception – if assistance is needed to lift back wheels onto cheer floor).
  4. Any Assistive Walking Devices/Aids such as canes, crutches or elbow crutches, etc., cannot be used as a prop in any manner. Please refer to USASF Coach App to send in videos of use of device if in question.
- I. It is the responsibility of the coach to determine the capability and proficiency of the individuals when choosing the skill to be performed.

# Guidelines for Combining and/or Splitting Divisions

The USASF provides guidelines for COMBINING and/or SPLITTING divisions in the best interest of providing a competitive environment. Whenever possible, there should be at least 2 teams in any given division and level. The guidelines listed herein will provide the basis for how this will be accomplished.

Definitions for this section:

**May** means that an event producer is **permitted** to combine or split but is not required. Anything that reads **may** is left to the discretion of the event producer.

**Must** means that an event producer is **required** to combine or split if the division meets the criteria set forth in the guidelines.

**May not** means that the event producer is **prohibited** to combine or split the division.

- Teams of different ages **may not** be combined into one division.
- Teams of different levels **may not** be combined into one division.
- **International** and **Open Divisions** **may not** split by **Small/ Medium /Large** team size.

**DI/DII:** Each Division is outlined with steps for how to split. The **first step** is for an Event Producer to decide if they are going to **guarantee** DII splits in **all** divisions with DII only events or DII only sessions (**see page 15**)

- *Teams from outside the U.S. competing at USASF Sanctioned Events will automatically be considered DI as DI/DII status may only be verified through the USASF member system.*

## LEVELS 1-4 - Elite Tier

(Does not include Novice, Prep, Open or International Divisions)

- **Only Senior 3 Co-ed & Senior 4 Co-ed are guaranteed, stand-alone divisions. No other division may be split into Co-Ed and All Girl.**
- **Teams from the same program:**
  - Teams from the same program, **regardless of their location**, will not have to compete against themselves if they have 2 teams of different size (Small and Medium). A **mandatory split** would occur.
  - Teams of the **same size** from the **same program** will NOT be split and **must** compete against each other.

### Step 1:

**Small/ Medium SPLIT: Small (5-22), Medium (23-30)**

An event producer **MAY** offer guaranteed Small and Medium Division splits at their discretion as long as there is at least one team per division.

Event producers **must** split the division into Small and Medium divisions when there are at least **two** teams registered in each division.

**Step 2:** Event producers may or may not choose to further split divisions in the interest of competition. The splits below are **OPTIONAL** and may be applied in any order. They may choose to implement any or all of the additional splits so long as they follow the guidelines. No division may be subdivided further if it means that only **one** team will be left in a division.

### **A/B SPLIT**

If after implementing the Small/Medium split there are **10 or more** teams in any given division, then event producers **may** split that division further by squad size. The event producers must use a name such as "Group A", "Group B" to denote the split and must clearly define the number of competitors permitted on the team for each division.

**OR**

### **DI | DII SPLIT** (see page 15)

If after implementing the Small/Medium split Event producers **may** split the division into Division I (DI) and Division II (DII) when there are at least **two** teams that will ultimately be registered in each respective division.

## SENIOR LEVEL 4.2

- **Teams from the same program:**
  - Teams from the same program, **regardless of their location**, will not have to compete against themselves if they have 2 teams of different size (Small and Medium). A mandatory split would occur.
  - Teams of the same size from the same program will NOT be split and **must** compete against each other.

### **STEP 1:**

**Small/ Medium SPLIT: Small (5-22), Medium (23-30)**

An event producer **MAY** offer guaranteed Small and Medium Division splits at their discretion as long as there is at least one team per division.

Event producers **must** split the division into Small and Medium divisions when there are at least **two** teams registered in each division.

**STEP 2:** Event producers **must** split the division by co-ed and all-girl when there are at least **two** teams registered in each division. If there are not two team registered for each division the Event Producer **must** move on to Step 3 leaving the co-ed and all-girl teams combined.

**STEP 3:** Event producers may or may not choose to further split divisions in the interest of competition. The splits below are OPTIONAL and may be applied in any order. They may choose to implement any or all of the additional splits so long as they follow the guidelines. No division may be subdivided further if it means that only one team will be left in a division.

### ***A/B SPLIT***

If after implementing the Small/Medium split there are **10 or more** teams in any given division, then event producers **may** split that division further by squad size. The event producers must use a name such as "Group A", "Group B" to denote the split and must clearly define the number of competitors permitted on the team for each division.

**OR**

### ***DI | DII SPLIT*** (see page 15)

If after implementing the Small/Medium split Event producers **may** split the division into Division I (DI) and Division II (DII) when there are at least **two** teams that will ultimately be registered in each respective division.

## SENIOR OPEN 4 DIVISIONS- Elite Tier

- **Teams from the same program:**
  - Teams of the same size from the same program will NOT be split and **must** compete against each other.
- **Open Divisions** may not split by **Small/ Medium** team size.

**STEP 1:** Event producers **may** split the division by co-ed and all-girl when there are at least **two** teams registered in each division. If there are not two team registered for each division the Event Producer **must** move on to Step 2 leaving the co-ed and all-girl teams combined.

**STEP 2:** Event producers may or may not choose to further split divisions in the interest of competition. The splits below are OPTIONAL and may be applied in any order. They may choose to implement any or all of the additional splits so long as they follow the guidelines. No division may be subdivided further if it means that only one team will be left in a division.

### ***A/B SPLIT***

If there are **10 or more** teams in any given division, then event producers **may** split that division further by squad size. The event producers must use a name such as "Group A", "Group B" to denote the split and must clearly define the number of competitors permitted on the team for each division.

**OR**

### ***DI | DII SPLIT*** (see page 15)

An Event producer **may** split the division into Division I (DI) and Division II (DII) when there are at least **two** teams that will ultimately be registered in each respective division.

## LEVEL 5 (formerly Restricted 5) - Elite Tier

- Youth teams may NOT be split into Co-Ed and All Girl
- Teams from the same program:
  - Teams from the same program, **regardless of their location**, will not have to compete against themselves if they have 2 teams of different size (Small and Large). A mandatory split would occur.
  - There is NOT a mandatory split for Medium/Large team sizes from the same program in the same division and level.
  - Teams of the same size from the same program will NOT be split and **must** compete against each other.

### **STEP 1:**

**Small/ Large SPLIT: Small (5-22), Large (23-38)**

An event producer **MAY** offer guaranteed Small and Large Division splits at their discretion as long as there is at least one team per division.

Event producers **must** split the division into Small and Large divisions when there are at least **two** teams registered in each division.

**STEP 2: SENIOR 5** teams **must** split by co-ed and all-girl when there are at least **two** teams registered in each division. If there are not two team registered for each division the Event Producer **must** move on to Step 3 leaving the co-ed and all-girl teams combined.

**JUNIOR 5** teams **may** split by co-ed and all-girl when there are at least **two** teams registered in each division. If there are not two team registered for each division the Event Producer **must** move on to Step 3 leaving the co-ed and all-girl teams combined.

**STEP 3:** Event producers may or may not choose to further split divisions. The splits below are OPTIONAL and may be applied in any order. They may choose to implement any or all of the additional splits so long as they follow the guidelines. No division may be subdivided further if it means that only one team will be left in a division.

**Medium/Large SPLIT: Medium (23-30), Large (31-38)**

Event producers **MAY** split into Medium and Large Team size when there are at least **two** teams registered in each division.

**OR**

### **A/B SPLIT**

If after implementing the Small/Large split there are **10 or more** teams in any given division, then event producers **may** split that division further by squad size. The event producers must use a name such as "Group A", "Group B" to denote the split and must clearly define the number of competitors permitted on the team for each division.

**OR**

**DI | DII SPLIT** (see page 15)

If after implementing the Small/Large split Event producers **may** split the division into Division I (DI) and Division II (DII) when there are at least **two** teams that will ultimately be registered in each respective division.

## **LEVEL 6 (formerly level 5) JUNIORS ONLY - Elite Tier**

(Does not include Open Divisions)

**Co-ed / All- Girl:** If there is one co-ed registration and one all-girl registration, the divisions **may** be combined.

### **Teams from the same program:**

- Teams from the same program, **regardless of their location**, will not have to compete against themselves if they have 2 teams of different size (Small and Large). A **mandatory split** would occur.
- There is NOT a mandatory split for Medium/Large team sizes from the same program in the same division and level.
- Teams of the **same size** from the **same program** will NOT be split and **must** compete against each other.

### **STEP 1:**

**Small/ Large SPLIT: Small (5-22), Large (23-38)**

An event producer **MAY** offer guaranteed Small and Large Division splits at their discretion as long as there is at least one team per division.

Event producers **must** split the division into Small and Large divisions when there are at least **two** teams registered in each division.

**STEP 2:** Event producers may or may not choose to further split divisions in the interest of competition. The splits below are OPTIONAL and may be applied in any order. They may choose to implement any or all of the additional splits so long as they follow the guidelines. No division may be subdivided further if it means that only one team will be left in a division.

**Medium/Large SPLIT: Medium (23-30), Large (31-38)**

Event producers **may** split into Medium and Large Team size when there are at least **two** teams registered in each division.

**OR**

### **A/B SPLIT**

If after implementing the Small/Large split there are **10 or more** teams in any given division, then event producers **may** split that division further by squad size. The event producers must use a name such as "Group A", "Group B" to denote the split and must clearly define the number of competitors permitted on the team for each division.

**OR**

**DI | DII SPLIT** (see page 15)

If after implementing the Small/Large split Event producers **may** split the division into Division I (DI) and Division II (DII) when there are at least **two** teams that will ultimately be registered in each respective division.

# WORLDS DIVISIONS (at bid or non-bid giving events)

## SENIOR OPEN 6 (formerly Open 5) DIVISIONS- Elite Tier

*((Does not include International Divisions))*

- **Teams from the same program:**
  - Teams from the same program will NOT be split and **must** compete against each other.
- **Open Divisions** may not split by **Small/ Medium** team size.
- **Co-Ed:** If there is only one registration in Small Co-ed or Large Co-ed an Event Producer **may** combine the divisions.  
All Girl and Co-ed teams **may not** be combined.

**STEP 1:** Event producers may or may not choose to further split divisions in the interest of competition. The splits below are OPTIONAL and may be applied in any order. They may choose to implement any or all of the additional splits so long as they follow the guidelines. No division may be subdivided further if it means that only one team will be left in a division.

### **A/B SPLIT**

If there are **10 or more** teams in any given division, then event producers **may** split that division further by squad size. The event producers must use a name such as "Group A", "Group B" to denote the split and must clearly define the number of competitors permitted on the team for each division.

OR

### **DI | DII SPLIT** (see page 15)

An Event producer **may** split the division into Division I (DI) and Division II (DII) when there are at least **two** teams that will ultimately be registered in each respective division.

## LEVEL 6 (formerly level 5) SENIORS ONLY - Elite Tier Divisions Only

*((Does not include Open or International Divisions))*

- **Team Size:** XSmall, Small, Medium and Large divisions **may not** be combined.
- **Co-Ed:** Senior Open Small Co-ed & Senior Open Large Co-ed, the divisions **may** be combined.
- **Teams from the same program:**
  - Teams of the same size from the same program will NOT be split and **must** compete against each other.

**STEP 1:** Event producers may or may not choose to further split divisions in the interest of competition. The splits below are OPTIONAL and may be applied in any order. They may choose to implement any or all of the additional splits so long as they follow the guidelines. No division may be subdivided further if it means that only one team will be left in a division.

### **A/B SPLIT**

If there are **10 or more** teams in any given division, then event producers **may** split that division further by squad size. The event producers must use a name such as "Group A", "Group B" to denote the split and must clearly define the number of competitors permitted on the team for each division.

OR

### **DI | DII SPLIT** (see page 15)

An Event producer **may** split the division into Division I (DI) and Division II (DII) when there are at least **two** teams that will ultimately be registered in each respective division.

## LEVELS 6-7 - SENIORS ONLY - INTERNATIONAL Elite Tier Divisions Only

*((Includes Non-Tumbling and Global Divisions))*

- **International Divisions** **may not** split by **Small/ Medium/ Large** team sizes.
- **Co-Ed:** If there is only one registration in Small Co-ed or Large Co-ed an Event Producer **may** combine the divisions.  
All Girl and Co-ed teams **may not** be combined.
- **Teams from the same program:**
  - Teams from the same program will NOT be split and **must** compete against each other.

## **SPLIT BY DIVISION: DI | DII**

Event producers **may** split the division into Division I (DI) and Division II (DII) when there are at least **two** teams that will ultimately be registered in each respective division. The designation of DI / DII divisions must follow the USASF D II definition and **is only available to USASF member teams**.

### **"DIVISION II" Definition**

- A "Division II" PROGRAM is defined as having **125 or fewer** athletes registered in its competitive cheer program. Exhibition teams, crossover athletes, FUNDamental athletes, Novice athletes, CheerABILITIES athletes and dance teams do not count toward the 125 or fewer athletes. All Star Cheer Elite and Prep athletes **are** counted toward the 125 athletes or fewer.
- It is up to the event producer's discretion as to how to monitor "Division II" status for their particular event, given the definition provided.
- Multiple-location programs must follow the Program Classification as outlined in USASF PROGRAMS: CLASSIFICATIONS & PROGRAM DEFINITION

Once a program has 126 (or more) competitive Elite and/or Prep cheer athletes, **OR "opts-in" to compete DI** the program is no longer eligible for Division II status for the remainder of the competitive season regardless of the number of athletes that may have in their program at any given time.

Events that allow any program, regardless of division eligibility, will be referred to as "Open" events.

When the DI | DII split is available at an open event, all teams from the program must compete in the same Division. There may be some divisions that do not meet the requirements for splitting, therefore leaving DI and DII programs competing against each other. This is permitted and will not force a DII program to "opt-in" to DI for all teams. **HOWEVER**, if there is a DI | DII split and a DII program **CHOOSES** to have one of their teams compete in the DI split – **ALL TEAMS** must compete in DI splits at this event and **ALL FUTURE EVENTS**.

\* For further information/clarification see **USASF PROGRAMS: CLASSIFICATIONS & PROGRAM DEFINITION**

## **DII ONLY - EVENTS / SESSIONS**

An event producer may **guarantee** DII splits in **all** divisions with DII only events or DII only sessions.

Programs that do not qualify for DII based on program numbers OR programs that qualify as DII but opt-in to DI for the current season would not be permitted at a DII only event.

Events that allow any program, regardless of division eligibility, will be referred to as "Open" events.  
DII only events will be referred to as "DII" events.

Events that follow the USASF guidelines combinations/splits which result in DII splits for some divisions do not need to follow the guidelines below.

An event producer may offer both an Open event and DII event on the same day in the same venue as long as they:

1. Clearly indicate they are separate events from the beginning. This includes, but is not limited to:
  - a. All communication to potential customers
  - b. Listing them as separate events on all advertising, promotional materials and website.
2. Include "DII only" or "Division II only" in their event description and event name.
3. Create separate events in the USASF member portal and instruct all programs to associate their roster to the **CORRECT** event
4. Structure the day in such a fashion that all programs attending the two events (Open and DII) are not co-mingled in any fashion.  
Examples:
  - a. Events in a single venue should start one event early in the day and complete the awards ceremony or ceremonies prior to the performances of the other event beginning. A clear separation in the schedule with performances and awards concluding for one before the other begins.
  - b. Events in a facility with multiple venues (such as halls) may run them concurrently **HOWEVER** each venue (or hall) should be designated for either Open or DII. The 2 events should not take place in the same hall.
5. Awards must be based on the separate events. For example, you may not pool the scores from both the Open and the DII events to determine a single grand champion or level champions.
6. **DII only sessions:** An EP may offer guaranteed DII only sessions at an Open event in the beginning, end or throughout the event. If so, the above applicable guidelines must be followed, by session, and may not co-mingle with the Open sessions/awards.  
Examples:
  - a. A DII session may not have one panel as DII and another panel alternating with Open divisions.
  - b. A DII session may not have DII teams compete first followed by Open teams in the same session and then have them together for the announcement of awards.
7. **Worlds Bid Events:** When an event producer hosts both a "DII only" Event and an "Open" Event in the same weekend and the World Bid Giving divisions are associated to the "Open Event", a DII eligible program may:
  - a. Register the Worlds eligible team (or teams) **ONLY** for and associate their roster(s) to the **OPEN** event.
  - b. Register and associate all of their non-Worlds teams from their program to the DII only event.

## USASF Elite Tier - Splitting Divisions Overview

*(These splits are **not** guaranteed. Please look at pages 10- 15 for the guidelines needed to make these splits for each specific division)*

<b>USASF All Star Elite Level 1</b>					
<i>Level</i>	<i>Division</i>	<i>1<sup>st</sup> Split Size</i>	<i>2<sup>nd</sup> Split CO-ED / All Girl</i>	<i>3<sup>rd</sup> Split Optional</i>	<i>Number of athletes</i>
1	Tiny	Team Size: Sm./Med.	n/a	A/B Split or D/DII Split	5-30 Members
1	Mini	Team Size: Sm./Med.	n/a	A/B Split or D/DII Split	5-30 Members
1	Youth	Team Size: Sm./Med.	n/a	A/B Split or D/DII Split	5-30 Members
1	Junior	Team Size: Sm./Med.	n/a	A/B Split or D/DII Split	5-30 Members
1	Senior	Team Size: Sm./Med.	n/a	A/B Split or D/DII Split	5-30 Members
<b>USASF All Star Elite Level 2</b>					
<i>Level</i>	<i>Division</i>	<i>1<sup>st</sup> Split Size</i>	<i>2<sup>nd</sup> Split CO-ED / All Girl</i>	<i>3<sup>rd</sup> Split Optional</i>	<i>Number of athletes</i>
2	Mini	Team Size: Sm./Med.	n/a	A/B Split or D/DII Split	5-30 Members
2	Youth	Team Size: Sm./Med.	n/a	A/B Split or D/DII Split	5-30 Members
2	Junior	Team Size: Sm./Med.	n/a	A/B Split or D/DII Split	5-30 Members
2	Senior	Team Size: Sm./Med.	n/a	A/B Split or D/DII Split	5-30 Members
<b>USASF All Star Elite Level 3</b>					
<i>Level</i>	<i>Division</i>	<i>1<sup>st</sup> Split Size</i>	<i>2<sup>nd</sup> Split CO-ED / All Girl</i>	<i>3<sup>rd</sup> Split Optional</i>	<i>Number of athletes</i>
3	Youth	Team Size: Sm./Med.	n/a	A/B Split or D/DII Split	5-30 Members
3	Junior	Team Size: Sm./Med.	n/a	A/B Split or D/DII Split	5-30 Members
3	Senior	Team Size: Sm./Med.	n/a	A/B Split or D/DII Split	5-30 Members
3	Senior Co-Ed	Team Size: Sm./Med.	n/a	A/B Split or D/DII Split	5-30 Members
<b>USASF All Star Elite Level 4</b>					
<i>Level</i>	<i>Division</i>	<i>1<sup>st</sup> Split Size</i>	<i>2<sup>nd</sup> Split CO-ED / All Girl</i>	<i>3<sup>rd</sup> Split Optional</i>	<i>Number of athletes</i>
4	Youth	Team Size: Sm./Med.	n/a	A/B Split or D/DII Split	5-30 Members
4	Junior	Team Size: Sm./Med.	n/a	A/B Split or D/DII Split	5-30 Members
4	Senior	Team Size: Sm./Med.	n/a	A/B Split or D/DII Split	5-30 Members
4	Senior Co-Ed	Team Size: Sm./Med.	n/a	A/B Split or D/DII Split	5-30 Members
4	Senior Open	n/a	Co-Ed / All Girl	A/B Split or D/DII Split	5-24 Members
<b>USASF All Star Elite Level 4.2</b>					
<i>Level</i>	<i>Division</i>	<i>1<sup>st</sup> Split Size</i>	<i>2<sup>nd</sup> Split CO-ED / All Girl</i>	<i>3<sup>rd</sup> Split Optional</i>	<i>Number of athletes</i>
4.2	Senior	Team Size: Sm./Med.	Co-Ed/ All Girl	A/B Split or D/DII Split	5-30 Members
<b>USASF All Star Elite Level 5</b>					
<i>Level</i>	<i>Division</i>	<i>1<sup>st</sup> Split Size</i>	<i>2<sup>nd</sup> Split CO-ED / All Girl</i>	<i>3<sup>rd</sup> Split Optional</i>	<i>Number of athletes</i>
5	Youth	Team Size: Sm./Lg.	n/a	Med./Lg. or A/B or D/DII Split	5-38 Members
5	Junior	Team Size: Sm./Lg.	Co-Ed / All Girl	Med./Lg. or A/B or D/DII Split	5-38 Members
5	Senior	Team Size: Sm./Lg.	Co-Ed / All Girl	Med./Lg. or A/B or D/DII Split	5-38 Members
<b>USASF All Star Elite Level 6</b>					
<i>Level</i>	<i>Division</i>	<i>1<sup>st</sup> Split Size</i>	<i>2<sup>nd</sup> Split CO-ED / All Girl</i>	<i>3<sup>rd</sup> Split Optional</i>	<i>Number of athletes</i>
6	Junior	Team Size: Sm./Lg.	n/a	Med./Lg. or A/B or D/DII Split	5-38 Members
6	Junior Co-Ed	Team Size: Sm./Lg.	n/a	Med./Lg. or A/B or D/DII Split	5-38 Members
6	Senior XSmall (Worlds Division)	n/a	n/a	A/B Split or D/DII Split	5-16 Members
6	Senior Small (Worlds Division)	n/a	n/a	A/B Split or D/DII Split	17-22 Members
6	Senior Medium (Worlds Division)	n/a	n/a	A/B Split or D/DII Split	23-30 Members
6	Senior Large (Worlds Division)	n/a	n/a	A/B Split or D/DII Split	31-38 Members
6	Senior XSmall Co-Ed (Worlds Division)	n/a	n/a	A/B Split or D/DII Split	5-16 Members
6	Senior Small Co-Ed (Worlds Division)	n/a	n/a	A/B Split or D/DII Split	5-22 Members
6	Senior Medium Co-Ed (Worlds Division)	n/a	n/a	A/B Split or D/DII Split	5-30 Members
6	Senior Large Co-Ed (Worlds Division)	n/a	n/a	A/B Split or D/DII Split	5-38 Members
6	Senior Open (Worlds Division)	n/a	n/a	A/B Split or D/DII Split	5-24 Members
6	Senior Open Small Co-Ed (Worlds Division)	n/a	n/a	A/B Split or D/DII Split	5-24 Members
6	Senior Open Large Co-Ed (Worlds Division)	n/a	n/a	A/B Split or D/DII Split	5-24 Members